

Check your privilege

Quick quiz created by Zhendegender.com

Tick off all the statements that apply to you. Then count up the total statements that apply to you. The number of statements you tick is the percentage of privilege you experience.

- I am white.
- I have never been discriminated against because of my skin colour.
- I have never been the only person of my race in a room.
- I have never been mocked for my accent.
- I have never been told I am attractive "for my race."
- I have never been a victim of violence because of my race.
- I have never been called a racial slur.
- I have never been told I "sound white."
- I have never been asked "where are you *really* from?"
- I have never had to explain my race or ethnicity or the race or ethnicity of my parents.
- A stranger has never asked to touch my hair or asked if it is real.
- I am heterosexual.
- I have never lied about my sexuality.
- I never had to "come out."
- I never doubted my parents' acceptance of my sexuality.
- I have never been called "fag", "dyke", or any other derogatory slur for homosexuals.
- I have never tried to hide my sexuality.
- I have never been asked to explain how I have sex.
- I have never been told that "a good fuck" will "cure" my sexuality.
- I have never been ostracised by my religion for my sexual orientation.
- I have never been told I would "burn in hell" for my sexual orientation.
- I have never been told that my sexuality is "just a phase."
- I have never been violently threatened because of my sexuality.
- I am a man.
- I feel comfortable in the gender I was assigned at birth.
- I still identify as the gender I was assigned at birth (on my birth certificate).
- I have never been refused the use of a public bathroom assigned for my gender due to my physical appearance.
- I have never tried to change my gender.
- I have never been denied healthcare because of or relating to my gender or sexuality.
- I have never been denied an opportunity because of my gender.
- I have never felt unsafe because of my gender.
- I have never been catcalled.
- I have never been sexually harassed, assaulted, or raped.
- I work in a salaried job.

This learning resource has been created by ZhendeGender.com, adapted from Buzzfeed.com. Please feel free to use and circulate as you wish.

- I know I earn the same as or more than my professional colleagues of a different gender.
- My family and I have never lived below the poverty line.
- I have never gone to bed hungry.
- I have never been homeless.
- My parents pay some or all of my rent or bills.
- I don't rely on public transportation.
- I buy new clothes at least once a month.
- I've never skipped a meal to save money.
- I have never had to worry about having enough money to pay my rent.
- I have savings.
- I own property.
- I plan to buy property in the future.
- I have never worked as a waiter, barista, bartender, or salesperson.
- I have never needed to work more than one job at the same time.
- I have never been hired (or been told I was hired) to fill the company's "diversity quota".
- I have done or plan to do an unpaid internship.
- I went to summer camp.
- I went to private school.
- I finished high school.
- I graduated from university.
- I have a (post-)graduate degree.
- My parents paid (at least some of) my university tuition fees.
- I had a car in high school or while I was at university.
- I've never had a roommate.
- I've always had cable.
- I've always had an internet connection at home.
- I have traveled internationally.
- I travel internationally at least once a year.
- I've studied abroad.
- I have spent vacations abroad.
- I have frequent flier miles.
- My parents are heterosexual.
- My parents are both alive.
- My parents are still married.
- I do not have any physical disabilities.
- I do not have any social disabilities.
- I do not have any learning disabilities.
- I have never had an eating disorder.
- I have never been depressed.
- I have never considered suicide.
- I have never attempted suicide.
- I have never taken medication for my mental health.
- I can afford medication if/when I need it.
- I have never been told I'm overweight or "too skinny."
- I have never felt overweight or underweight or "too skinny."

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- I have never been shamed for my body type.
- I consider myself to be physically attractive.
- I can afford a therapist or can get therapy for free.
- I've used prescription drugs recreationally.
- I have used illegal drugs recreationally.
- I have never had an addiction.
- I have never been shamed for my religious beliefs.
- I have never been violently threatened for my religious beliefs.
- I have never been violently attacked for my religious beliefs.
- There is a place of worship for my religion in my town.
- I have never lied about my ethnicity or my religion as self-defense.
- All my jobs have been accommodating of my religious practices.
- I do not get nervous in airport security lines.
- I have never heard this statement: "You have been randomly selected for secondary passport control."
- I have never been called a terrorist.
- I have never been arrested.
- Nobody has ever tried to "save" me for my religious beliefs.
- I have never been bullied (or cyber-bullied) for any of my identities.
- I have never tried to distance myself from any of my identities.
- I have never been self-conscious about any of my identities.
- I have never questioned any of my identities.

Results

What did you find out?

90-100%: you've been spared almost all injustice and are very privileged.

70-90%: you've been spared most injustices but experienced low levels of discrimination.

50-70%: you've been spared some injustice but also experienced some discrimination.

30-50%: you've been spared a few injustices but experienced more discrimination than most people do in their lives.

10-30%: you've experienced higher than average discrimination and oppression.

0-10%: you've been spared almost no injustice and face extreme discrimination and oppression.

Note: this list is by no means exhaustive, there are many other connected ways in which people experience privilege.